

PITTSFORD CREW CODE OF CONDUCT

Participation in athletics is both a privilege and a responsibility. Athletics assist in promoting the importance of teamwork, effort, goals, and commitment. Interscholastic athletics are highly competitive, but winning is not the primary measure of success. Sportsmanship, respect for participants, and dignity in the face of adversity are more important than the outcome of the contest.

All athletes do not perform at the same level, but all can demonstrate effort, dedication, and fair play. Athletes earn recognition for their achievements as representatives of their team and the community. When an athlete accepts the privilege, he/she must live up to the code of conduct as outlined below. This applies both on and off crew property while the athlete is enrolled in Pittsford Crew programs.

As a prerequisite for participation in any Pittsford Crew program, **athletes and parents** must sign a statement that commits the **athlete and parents** to follow the established rules and requires the parents to do everything in their power to make sure their athlete abides by the established Pittsford Crew Code of Conduct. The Pittsford Crew Code of Conduct must be signed at the beginning of each Pittsford Crew program and/or competitive season.

ATHLETE CODE OF CONDUCT

The Commitment:

Every member of Pittsford Crew is a representative of the club. As such, my actions reflect on the team and the community. As members of Pittsford Crew, we are one united group that values fairness, respect, and working together. By signing this pledge, my parents and I acknowledge that we have read and fully understand the Pittsford Crew Code of Conduct, and that I will uphold and abide by the principles that are outlined.

As I am both an ambassador to my team and my sport, I will act in a way that will bring respect to myself, my coaches, my team and my community at all times. **I therefore pledge to abide by the following rules:**

- I will respect my teammates, coaches, parents, employees of Pittsford Crew, volunteers, race officials, competitors, and myself.
- I will respect and properly use all equipment and facilities of Pittsford Crew, Pittsford Indoor Rowing Center, and host organizations.
- I will not discriminate or make offensive comments based on race, religion, creed, physical attributes or sexual orientation, or act in a manner which violates the rights of others.
- I will not use, possess or distribute illegal drugs, any prescription drugs which have not been prescribed for me, inhalants or performance enhancing drugs of any kind (including over the counter products).
- I will not use or possess alcohol.
- I will not use or possess tobacco products of any kind.
- I will not use or possess weapons of any kind on Pittsford Crew property, any of its events, or at host sites.
- I will not use abusive or expletive language, fight, lie or steal.
- I will not participate in public displays of affection which offend others at Pittsford Crew practices, regattas or other events.
- I will not use cell phones, cameras, computers or other electronic devices in a manner which violates the privacy of others, or for any purpose other than that for which they are intended.

- I will not use forms of social media or email to violate the privacy of others or to make disparaging statements about any others, including coaches and other members of Pittsford Crew.
- I will show good judgment and behave responsibly in the event that I am aware of any situation where a teammate's safety/well-being or the safety/well-being of any other members of Pittsford Crew are at risk.
- I will show good judgment and behave responsibly with my verbal and written communications with others, particularly as they relate to Pittsford Crew, its coaches, athletes, and volunteers.
- I will get written prior approval from the Pittsford Crew board president for use of the Pittsford Crew logo, trademarks or likeness.
- I will always exhibit good sportsmanship and citizenship.
- I agree to participate in all Pittsford Crew functions to the best of my abilities including, but not limited to the following: practices, races, fundraising activities, home and away regattas, boathouse clean-up, set up, tear down, boat loading and unloading, and other related functions in Pittsford and at away events.

Discipline:

When a member of the Coaching Staff, Pittsford Crew Board, or the Pittsford Crew Conduct and Discipline Committee is notified of a possible violation of the Pittsford Crew Code of Conduct, the athlete and, if appropriate, his/her parents will be contacted to schedule a meeting to discuss the concern. The goal of any intervention regarding a violation of the Pittsford Crew Code of Conduct is to educate the athlete about why and how his/her behavior is inappropriate as a member of Pittsford Crew. The intervention will include discussion of any disciplinary actions that have either been determined or are under consideration by Pittsford Crew.

Consequences for violation of the Pittsford Crew Code of Conduct or behavior which is dangerous to oneself or others can result in a suspension from practice, regattas, or up to an entire season, based on the nature and level of severity as determined by the coaches and the Pittsford Crew Conduct and Discipline Committee.

Multi-season suspensions and/or permanent removal from Pittsford Crew may occur if so determined by the Pittsford Crew Conduct and Discipline Committee, the Executive Committee of the Pittsford Crew Board, and the athlete's head coach.

PARENT CODE OF CONDUCT

Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control. **I therefore pledge to abide by the following rules:**

- I will respect my child's teammates, coaches, parents, employees of Pittsford Crew, volunteers, race officials, competitors, and myself.
- I will encourage good sportsmanship by demonstrating positive support for all athletes, coaches, fans and officials at practices and all Pittsford Crew events, regattas and activities at home and at host sites.
- I will advocate a sports environment for my child that is free of drugs, tobacco, alcohol and abusive language, and refrain from their use during all Pittsford Crew practices and regattas at home and at host sites.
- I will not use abusive or expletive language while on Pittsford Crew property or while attending Pittsford Crew events.

- I will not use methods of intimidation during verbal or written encounters with any coach, parent, athlete, participant, official, board member, or any other person in matters related to Pittsford Crew.
- I will treat any coach, parent, athlete, participant, official or any other attendee with respect and will not discriminate or make offensive comments based on race, religion, creed, physical attributes or sexual orientation, or act in a manner which violates the rights of others.
- I agree to support my child's participation in Pittsford Crew by fulfilling my volunteer commitment to the club.
- I will encourage my child to participate in all Pittsford Crew functions to the best of their abilities including, but not limited to the following: practices, races, fundraising activities, home and away regattas, boathouse clean-up, set up, tear down, boat loading and unloading, and other related functions in both the Rochester area and away events.
- I will get written prior approval from the Pittsford Crew board president for use of the Pittsford Crew logo, trademarks or likeness.

Discipline:

When a member of the Coaching Staff, Pittsford Crew Board, or the Pittsford Crew Conduct and Discipline Committee is notified of a possible violation of the Pittsford Crew Code of Conduct *by a parent*, the parent will be contacted to schedule a meeting to discuss the concern. The intervention will include discussion of any disciplinary actions that have either been determined or are under consideration by Pittsford Crew.

Consequences for violation of the Pittsford Crew Code of Conduct *by a parent* can result in a parent’s athlete being suspended from practice, regattas, or up to an entire season, based on the nature and level of severity as determined by the coaches and the Pittsford Crew Conduct and Discipline Committee.

Failure to complete required volunteer hours in good faith can result in the parent’s athlete being suspended from regattas. In the event that the missed volunteer hours are scheduled during the last event of a season, penalty will carry forward to the next season.

Multi-season suspensions and/or permanent removal from Pittsford Crew may occur if so determined by the Pittsford Crew Conduct and Discipline Committee and the Executive Committee of the Pittsford Crew Board.

Athlete’s Name: _____

Athlete’s Signature: _____

Parent #1 Signature: _____

Parent #2 Signature: (if applicable) _____