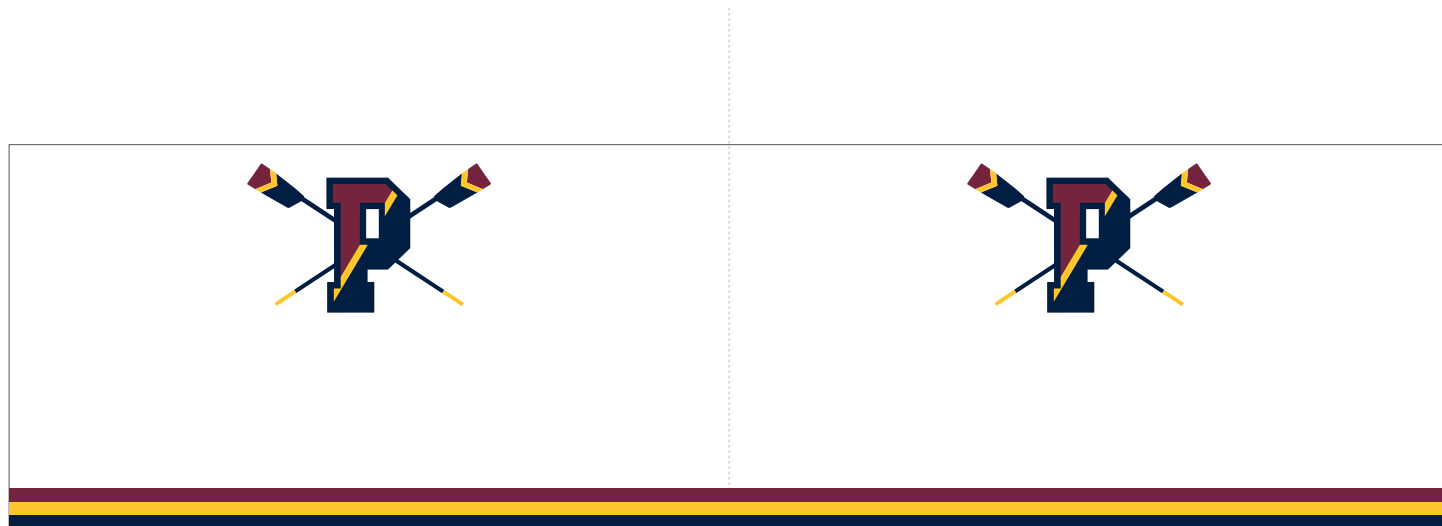Instructions:

Enter your Name, Title (parent, board member) and Rower/Team information

Print "actual size" on cardstock if possible

Cut on solid lines and fold on dotted

fold here