

# PITTSFORD CREW ATHLETIC CODE OF CONDUCT

Participation in athletics is both a privilege and a responsibility. Athletics assists in promoting the importance of teamwork, effort, goals, and commitment. Interscholastic athletics is highly competitive, but winning is not the primary measure of success. Sportsmanship, respect for participants, and dignity in the face of adversity are more important than the outcome of the contest. All athletes do not perform at the same level, but all can demonstrate effort, dedication, and fair play. Athletes earn recognition for their achievements as representatives of their team and the community. When an athlete accepts the privilege, he/she must live up to the code of conduct as outlined below. This applies both on and off crew property during the season.

As a prerequisite for participation in the Pittsford Crew, athletes and parents must sign a statement that commits the athlete to follow the established training rules and requires that parents make sure their athlete abides by the established Pittsford Crew Code of Conduct. The Pittsford Crew Code of Conduct must be signed at the beginning of each season.

## ATHLETES CODE OF CONDUCT

### The Commitment:

Every member of Pittsford Crew is a representative of the club, and as such my actions reflect on the team and the community. By signing this pledge, my parents and I acknowledge that we have read and fully understand the Pittsford Crew Code of Conduct, and that I will uphold and abide by the principles that are outlined.

As I am both an ambassador to my team and my sport I will act in a way that will bring respect to myself, my coaches, my team and my community at all times. **I therefore pledge to abide by the following rules:**

- I will respect my teammates, coaches, parents, employees of Pittsford Crew, volunteers, race officials, competitors and myself
- I will respect and properly use all equipment and facilities of Pittsford Crew, Pittsford Indoor Rowing Center and host organizations
- I will not discriminate or make offensive comments based on race, religion, creed, physical attributes or sexual orientation, or act in a manner which violates the rights of others
- I will not use or possess tobacco products of any kind
- I will not use or possess illegal drugs, any prescription drugs which have not been prescribed for me, inhalants or performance enhancing drugs of any kind (including over the counter products)
- I will not use or possess alcohol
- I will not use or possess weapons of any kind on Pittsford Crew property, any of its' events or at host sites
- I will not use abusive or expletive language, fight, lie or steal
- I will not participate in public displays of affection which offend others at Pittsford Crew practices, regattas or other events.
- I will not use cell phones, cameras, computers or other electronic devices in a manner which violates the privacy of others, or for any purpose other than that for which they are intended
- I will not use internet blogs or websites, instant messaging, personal pages (such MySpace or Facebook) or email to violate the privacy of others, or to make disparaging statements about others, including my coaches and other members of Pittsford Crew.
- I will display respectful and exemplary behavior when involved in all Pittsford Crew activities at home, while traveling and at other venues
- I will show good sportsmanship and citizenship at all times
- I agree to participate in all Pittsford Crew functions to the best of my abilities including, but not limited to the following: practices, races, fundraising activities, home and away regattas, boathouse clean-up, set up, tear down, boat loading and unloading, at regattas and other related functions in both the Rochester area and away events.

Coaches have the authority to suspend an athlete temporarily for displaying behavior that violates the Pittsford Crew Code of Conduct or when the athlete's safety or safety of others requires such actions. The athlete's parents and the Discipline Committee will immediately be notified upon such action. Consequences for inappropriate behavior or behavior which is dangerous to oneself or others in violation of the Code can result in a suspension ranging from one race to one year based on the nature and level of severity as determined by the crew coaches and the Disciplinary Committee of the Board of Pittsford Crew. Permanent removal from the team may occur only after consultation with the Board of Pittsford Crew.

## PARENTS' CODE OF CONDUCT

Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control. **I therefore pledge to abide by the following rules:**

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, fans and officials at practices and all Pittsford Crew events, regattas and activities at home and at host sites
- I will advocate a sports environment for my child that is free of drugs, tobacco, alcohol and abusive language, and refrain from their use during all Pittsford Crew practices and regattas at home and at host sites
- I will treat any coach, parent, player, participant, official or any other attendee with respect and will not discriminate or make offensive comments based on race, religion, creed, physical attributes or sexual orientation, or act in a manner which violates the rights of others
- I agree to support my child's participation in Pittsford Crew by fulfilling my volunteer commitment to the club
- I will encourage my child to participate in all Pittsford Crew functions to the best of their abilities including, but not limited to the following: practices, races, fundraising activities, home and away regattas, boathouse clean-up, set up, tear down, boat loading and unloading, at regattas and other related functions in both the Rochester area and away events

Date: \_\_\_\_\_

Athlete's Name: \_\_\_\_\_

Athlete's Signature: \_\_\_\_\_

Parent(s) Name(s): \_\_\_\_\_

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Parent(s) Signature(s): \_\_\_\_\_

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